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Dear Mrs. Ramirez:

Aspartame, of course, is a carcinogen, and it was known from the beginning as the FDA observed the cancers in original studies, and beyond any shadow of a doubt.

It was an easy question to answer, especially for someone like myself who has been taking the case histories of the sick and dying on aspartame for 26 years. Doing the research on this addictive, excitoneurotoxic, carcinogenic, genetically engineered drug, adjuvant (immune stimulator) and teratogen for a quarter of a century brings the same conclusion as Dr. Ralph Walton reached when he did research on aspartame for 60 Minutes. Independent peer reviewed studies done by unbiased researchers show the problems it causes and bring the true facts to surface.

<http://www.dorway.com/peerrev.html> Just last month a study at Sydney University proved industry funding leads to bias. <http://www.smh.com.au/technology/sci-tech/sydney-university-study-claims-industry-funding-leads-to-bias-in-artificial-sweetener-research-20160916-grhph6.html>

So the first thing you do to get the facts is leave out pay to play. In the case of the aspartame industry they even have a front group for research called ILSI. If universities want research funds they have to be willing to say aspartame is safe. Read all about it in the UPI 8 month investigation on aspartame:

[http://www.mpwhi.com/upi\\_1987\\_aspartame\\_report.pdf](http://www.mpwhi.com/upi_1987_aspartame_report.pdf) Note that Dr. Richard Wurtman was told by the original manufacturer that if he did a study on seizures and aspartame his research funds would be denied and they were. Today MIT gets research funds and Dr. Wurtman no longer speaks out against this terrifying carcinogen. You will see from reading this investigation above aspartame was approved through the political chicanery of Donald Rumsfeld. The FDA first tried to get G. D. Searle indicted for fraud but both US Prosecutors Sam Skinner and William Conlon went to work for the company's defense team and the statute of limitations expired. So the FDA set up a Board of Inquiry who said that aspartame could not be proven to be safe and revoked the petition for approval. That's when Rumsfeld stepped in. President Reagan owed him a favor and after taking office wrote an executive order making the FDA Commissioner powerless to sign the revoked petition into law, and someone from the transition team called at 3:00 AM and fired him. I spoke with his wife and here is her letter to me:

[http://www.mpwhi.com/letter\\_about\\_jere\\_goyan.pdf](http://www.mpwhi.com/letter_about_jere_goyan.pdf)

Congress was worthless. As soon as aspartame was approved the poisoning of the human race began. The public was reporting brain tumors and brain cancers, seizures, drug interactions, blindness, etc. The FDA report of complaints listed 92 reactions from four types of seizures to blindness and death. Senator Metzenbaum wrote a bill of reactions from aspartame being seen in the population asking for a moratorium until NIH could do independent studies on the problems being observed. By now Monsanto owned aspartame and gave contributions to those who might dare to vote against them.

Aspartame is made up of an excitotoxin, (aspartic acid) two neurotoxins (a methyl ester which immediately becomes free methyl alcohol and phenylalanine at 50% of the molecule, and a brain tumor agent, (diketopiperazine). The methanol converts to formaldehyde and embalms living tissue. It ravages every organ in the body. When the rats in the original studies began having brain tumors the manufacturer simply excised the tumors and put the rats back in the study. When they died they resurrected them on paper.

Dr. M. Alemany did the Trocho Study showing the formaldehyde converted from the free methyl alcohol embalms living tissue and damages DNA by which you can destroy humanity! So I went to Barcelona to visit with Dr. Alemany. His first words to me were "Aspartame will kill 250 million people!" Formaldehyde is a carcinogen. For exposing the facts on this chemical poison the aspartame industry tried to assassinate his character.

We tried to have aspartame banned in New Mexico. Most of the House and Senate were sipping Diet Coke as we spoke. Dr. Ken Stoller who has an aspartame detox center said, "I don't think we will get very far with you drinking Diet Coke, but at least have mercy on the children." They didn't. The lobbyists, the front groups and paid trade organizations seemed everywhere. They even hired a Harvard Attorney! Expect to hear from the American Diabetes Assoc, the Calorie Control, the dietitians and everyone who receives funding to keep the propaganda machine alive. You were surrounded with flacks and pundits. I remember one particular Senator who was diabetic so I explained aspartame not only can precipitate diabetes but simulates and aggravates diabetic retinopathy but causes diabetics to go into convulsions, destroys the optic nerve and even interacts with insulin. Since I had so much proof she agreed to get off of it to save her life but she didn't vote to save the lives of other New Mexicans and the poor children. The doctors wrote the "Report for Schools" on my web site, [www.mpwhi.com](http://www.mpwhi.com) to alert the public aspartame destroys the brains of our children,

After aspartame was approved the old FDA who had tried to revoke the petition for approval and indict the manufacturer became the new FDA. The old FDA who knew aspartame was a chemical poison and carcinogen even reported on this new "anything goes" organization.

Dr. Adrian Gross, chief scientist and toxicologist at the old FDA testified before the Senate:

He told Congress that at least one of Searles studies has established ***beyond any reasonable doubt that*** aspartame is capable of inducing brain tumors in experimental animals and that this predisposition of it is of extremely high significance.... In view of these indications that the cancer causing potential of aspartame is a matter that had been established ***way beyond any reasonable doubt***, one can ask: What is the reason for the apparent refusal by the FDA to invoke for this food additive the so-called Delaney Amendment to the Food, Drug and Cosmetic Act?"

The Delaney Amendment makes it illegal to allow any residue of cancer-causing chemicals in foods. Dr Gross concluded by asking, Given the cancer-causing potential of aspartame, how would the FDA justify its position that it views a certain amount of aspartame as constituting an allowable daily intake or safe level of it? Is that position in effect not equivalent to setting a tolerance for this food additive and thus a violation of that law? And if the FDA itself elects to violate the law, who is left to protect the health of the public? *Congressional Record* SID835:131 (8/1/85)

So there you have it, the FDA who knew what was going on, has confessed. In fact, in 2009 nine FDA scientists admitted to Congress the FDA was broken. They are not able to protect your life. The pay for play life style has taken over the new FDA.

Even FDA toxicologist, Dr. Jacqueline Verrett , testified before Congress in 1987. She said at that time aspartame remained on the market without being proven safe. You can google it on web.. Aspartame was legally approved in 1981 although the builder of the Augusta, Georgia aspartame plant said they were selling it illegally before then and that it was a poison that made him deathly sick.

Studies by independent researchers continually showed aspartame to be a carcinogen. Dr. Morando Soffritti of the Ramazzini Institute in Italy did three studies. They showed aspartame to be a multipotential carcinogen causing everything from leukemia, lymphoma and liver cancer to mammary cancer. Dr. Soffritti was given an award only given twice in history. Then came along Harvard who publicized a human study saying it was the strongest and longest. To show you how quickly the aspartame industry got to them, they immediately wrote an apology for publishing it saying it was weak. How do you tell the public one day its the strongest and the longest, and the next day say it was weak. So know now this is a battle between facts and the aspartame industry power. Read what industry power can do. Even the head of EFSA, European Food Association resigned because he said they were pressured by industry and commented on the Ramazzini studies. Industry didn't know how to stop the news about the prestigious Ramazzini studies: This report is very important:

<http://www.rense.com/general96/efsa.html>

Is NutraSweet, Spoonful, Canderel, E951, Neotame, Advantame, Benevia, AminoSweet and anything else they want to call this poison a carcinogen? You bet . Label it as such and show the world there are still people of integrity who care about the health of the public and refuse to bend to conflict of interests or receive pay to play on the wrong side of truth. For the first time I would like to see the health of the public being put first. It's

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now being put in food unlabeled and even Neotame, a stronger aspartame is being added to pork. Dr. Jeffrey Bada told me they simply moved the formula around, same old thing. Even the Cancer Prevention Coalition called for aspartame to be banned because it causes cancer.

[artificial\\_aspartame\\_should\\_be\\_banned.pdf](#) How much proof does one need ?

There is so much cancer documented in over 30 years its outlined in medical texts by experts such as "Aspartame Disease: An Ignored Epidemic", by world expert, the late Dr. H. J. Roberts, [www.amazon.com](http://www.amazon.com), "While Science Sleeps: A Sweetener Kills" by Dr. Woodrow Monte: [www.whilesciencesleeps.com](http://www.whilesciencesleeps.com) and "Excitotoxins: The Taste That Kills" by Russell Blaylock, M.D. Dr. Monte's text is on the methanol in aspartame and he says: Page 4 & 5: "Pulling the pin of the little methanol molecule causes it to open up into diabolical killing machine, much as visualized so well in one of those Transformer movies your kids watch. The name of the killing machine is one you will recognize: formaldehyde. Yes, the very same formaldehyde that is now known to be a powerful cancer-causing agent - the one that we are warned to avoid at all costs. I describe methanol as a bomb, not because it explodes, but because the damage that it inflicts when it does convert into formaldehyde is very local and confined to a small area... just like a hand grenade. The reason for this is that formaldehyde itself is very quick to react to tissue in the immediate area where it is produced.

Dr. Monte also says in the book that the formaldehyde turns tissues to plastic. You can read about infant deaths from a touch of methanol. The company who originally got it approved through the political chicanery of Donald Rumsfeld made a pact with the governmental agency that should have been acting as the infant's only protection from just such threats. St. Jude's is a hospital full of babies with brain tumors because of this heinous crime by FDA and G. D. Searle.

Here is another study: <https://www.ncbi.nlm.nih.gov/pubmed/17354619> The effect of aspartame administration on oncogene and suppressor gene expressions. If I continued to give you proof on aspartame being a carcinogen this would be a book instead of a letter. If you look for proof you will notice if its from unbiased peer reviewed research it shows cancer. Only research paid for or controlled by industry will ever say its safe, and industry from the beginning couldn't show safety. That's why the FDA tried to have them indicted for fraud.

If you're an operation for the benefit of the people I know you will do the right thing. Aspartame violates the Delaney Amendment because its a carcinogen. I hate to think of how many millions have perished including babies because of the aspartame killing machine. I tried to work with Prop 65 some years ago and the lady I worked with told me she never got my email, a copy of which is in the Aspartame Resource Guide: [http://www.mpwhi.com/aspartame\\_resource\\_guide\\_list.htm](http://www.mpwhi.com/aspartame_resource_guide_list.htm) I also sent studies and proof by mail which was not received. So I want receipt of this letter.

One other thing, Norma Vera, translated studies on aspartame in 6 countries. They used people from poor villages and while they gave them a lot of it so many developed

malignant brain tumors, as well as seizures and other horrific disease. The pregnant woman lost her baby. Aspartame is an abortifacient and teratogen. Then she disappeared. G. D. Searle then sold the company to Monsanto and never published these studies. Don Rumsfeld got 12 million dollars on the deal.

I will never forget the cries of Kelli Motluck, a 28 year old mother and attorney, with a head full of aspartame tumors. She said, "I want to live, I want to live, I want to live, but if I die tell the world Monsanto murdered me." She left a grieving husband and small child without a mother. [www.dorway.com](http://www.dorway.com) is in memory of Dave Rietz, Mission Possible South Carolina, who died of prostate cancer. It was Dr. George Schwartz who wrote about aspartame and prostate cancer.



Sincerely,  
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# HEALTH FREEDOM NEWS<sup>®</sup>

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# ROTGUT ASPARTAME, METHANOL MANIA

*The most serious breach of public trust  
in the history of this Nation*

BY BETTY MARTINI, D.HUM

In 1920, Prohibition was imposed upon the United States by a misguided Constitutional amendment making alcoholic beverages illegal. In the following thirteen years, criminal syndicates arose and the prison population grew by 350%. Anyone with a copper boiler and some pipe could build a still. The moonshiners were not so careful about their recipes for Rotgut, Panther Sweat, White Lightning, and a hundred other names for danger. Everyone knew of someone who went blind, was paralyzed, or died from bootleg liquor.

The punch in alcoholic beverages comes from ethyl alcohol, a two-carbon molecule from the fermentation of natural sugars and grains. We have been given a tolerance for it in moderation, and it is even recommended in the Bible: "Drink thy wine with a merry heart, for God now accepteth thy works." (Ecclesiastes 9:7 and Proverbs 31:6&7)

But Rotgut often held ethanol's deadly brother, methanol, a single-carbon alcohol fatal in even a one-ounce dose. It comes from the fermentation of cellulose, wood. Some moonshiners, though, were not careful to separate the grain or grapes from the stalks (cellulose), just throwing everything into the vat and ignorantly filling cemeteries and hospitals.

Now the same deadly chemistry is poisoning millions of innocent victims worldwide by the makers and ignorant sellers of aspartame. Aspartame releases methanol, then formaldehyde and formic acid as you digest it. Hear what the illustrious Dr. Woodrow Monte, Ph.D, for twenty-five

years Professor of Nutrition at Arizona State University, declares in his powerful new book, *While Science Sleeps A Sweetener Kills*:

*"Something very wrong is going on, something that is killing good people and causing untold suffering to families and communities around the world. Never has such a high percentage of the population been afflicted with so many tragic and wasting illnesses. In the past thirty years, a group of diseases has reached epidemic proportions in the United States and many other countries. These diseases ... include multiple sclerosis, Alzheimer's disease, breast cancer, lupus erythematosus, rheumatoid arthritis, melanoma, and autism, a once rare birth defect. ... [M]ankind endures a plague whose point of origin distinctly coincides with the Food and Drug Administration's 1981 approval of aspartame – an artificial sweetener containing methanol, which is metabolized into deadly formaldehyde within the brain and sinew of all who consume it."*

*"The exquisite and pivotal laboratory work done by Professor Maria Alemany is proof conclusive that aspartame and, therefore, methanol does turn into formaldehyde within the living organism. Dr. Alemany ... clearly and unequivocally demonstrated methanol's evolution into the formation of formaldehyde modified proteins and DNA. How strange it seems now that anyone would ever doubt that formaldehyde is produced from methanol ...."*

As you digest methanol it converts to formaldehyde and formic acid. My husband's company, American Formula Corporation., supplied formic acid as an additive to formulas to strip epoxy coatings from industrial floors. It had to be added at the point of use, because if it were

included in a drum of epoxy stripper, it would eat right through the container. Formic acid is also fire-ant venom.

So the menu is:

Methyl alcohol → formaldehyde

Formaldehyde → formic acid

You → The Cemetery (after you go blind).

## Reproductive Toxicant and Carcinogen

Methanol is an acknowledged reproductive toxicant. The California Office of Environmental Health Hazard Assessment ruled that the safe dose of methanol is 23,000 micrograms/day – the "acceptable" dietary intake. That is what you get in a single "diet" drink. A microgram is a millionth of a gram. A gram is 1/28<sup>th</sup> of an ounce.



Why bring up "diet" drinks? Because the sweetener in them is often aspartame. *All aspartame contains a significant quantity of methyl alcohol.* So, a can of "Diet" Coke or Pepsi is your "acceptable" limit if you play football and weigh 250 pounds. But suppose you are a 50-pound child? Now you're in overdose; and the long-term health consequences are nightmarish, so bad that in 1995 the FDA compiled a chart of 92 reactions, from headaches to death, gleaned from over 10,000 *volunteered* consumer complaints. Addiction to "diet" sodas is shown by the mountains of them stacked in supermarkets.

In 1985, Food and Drug Administration (FDA) toxicologist Dr. Adrian Gross testified

facts, in turn explaining the epidemic of autism, cleft palate, and other permanent problems. Two multi-year studies at the world-famous Italian Ramazzini Institute of Oncology confirmed it is a "*multipotential carcinogen.*"

Neurosurgeon Russell Blaylock, M.D. evaluated this research and warned: "The study released in the *European Journal of Oncology* by Morando Soffritti and co-workers should terrify mothers and all those consuming aspartame sweetened products. This was a carefully done study, which clearly demonstrated a statistically significant increase in several types of lymphomas and leukemias in rats. Both of these malignancies have increased significantly in this

country since the widespread use of aspartame. ... The type of damage was a duplicate of that associated with cancers. Along with this most recent study, this means that drinking a single diet cola sweetened with aspartame could be responsible for developing lymphoma or leukemia."

The late Dr. H.J. Roberts said "the hazards of methanol exposure to an infant from

the breast milk of a mother drinking aspartame sodas can be profound, and if she consumed it before the infant was birthed, the consequences could be disastrous." I have hundreds of letters from mourning mothers confirming his dire words.

### Aspartame and Birth Defects

Searle's studies on aspartame's birth defects were damning, so they cut a deal with the FDA not to let the public see them. Before he died, Jerome Bressler pleaded with me to find these sealed studies that had been removed from his report. Thanks to Dr. Madelon Price, who worked with Dr. John Olney at Washington University in St. Louis, Missouri, we located the omitted material and I returned it to Mr. Bressler and put it on the web at [www.mpwhi.com](http://www.mpwhi.com). **These contain FDA admissions that aspartame**

**causes birth defects.**

Dr. Woodrow Monte says the neural tube defects in infants are often manifested as a grotesquely disfiguring malformation encompassing a spectrum of disorders ranging from cleft palate, through spina bifida, to the always fatal presentations of horrifically deformed skulls with exposed or missing brains. (See [www.whilesciencesleeps.com](http://www.whilesciencesleeps.com))

Dr. Monte retrieved four additional birth-defect studies and said, "This deceit was compounded by the complacency of the U.S. Food and Drug Administration personnel, who kept secret internal memos and corporate research data from as early as 1974 that would have revealed the discovery of multiple neural tube defects in the infants of animals fed aspartame."

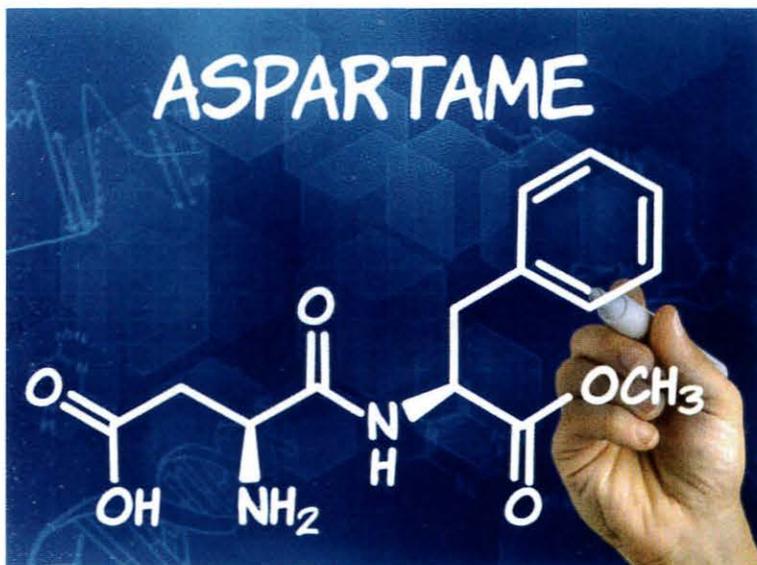
Dr. Ralph Walton, a psychiatrist and researcher for *60 Minutes*, showed that 92% of independent peer-reviewed studies reveal problems with aspartame. Now he is conducting a study on aspartame birth defects and asks that anyone who has ever used aspartame during pregnancy, to please contact him ([rwalton193@aol.com](mailto:rwalton193@aol.com)) for a data form to complete, or retrieve it from [www.mpwhi.com](http://www.mpwhi.com).

### Aspartame Blindness

Aspartame's chemical derivatives destroy the optic nerve, so you go blind. In 1986, attorney James Turner and the Community Nutrition Institute petitioned the FDA to ban aspartame because of this danger of blindness. The case went all the way to the Supreme Court, but unfortunately politics won out over health.

In 1987, the late Dr. Morgan Raiford, ophthalmologist and specialist in methanol toxicity, observed:

*"The human visual pathway admits ninety percent of our intellectual input to the brain and central nervous system. All of the learning processes are centered during one's lifetime. The mechanism of this tragic damage to the human visual system from this product is and has been known for over a decade that visual loss takes place. When this drug enters the digestive tract, largely the upper portion, this aspartame molecule spins off a by-product known as methanol or methyl alcohol. This product enters the blood stream and when these*



to the U.S. Senate that aspartame violates the Delaney Amendment forbidding any cancer-causing ingredient from being introduced into foods. He testified that aspartame causes brain cancer and is therefore illegal.

FDA Compliance Officer Jerome Bressler authored the damning Bressler Report, identifying more cancers, such as adenocarcinoma and sarcoma, from aspartame consumption. He asked, "If the FDA violates its own laws, who is left to protect the public?"

When aspartame's original manufacturer, G. D. Searle Co., was investigated it was found they had filtered out data they did not want the FDA to see. There is no telling how many cancers Searle found and hid. But now Searle's sealed teratology (birth defect) studies have been found, showing methanol causes neural tube de-

portions reach the highly metabolic region of the optic nerve and retina, partial atrophy can and does take place.

*"The vision cannot do without oxygen and nutrition for more than ninety seconds without revealing some damage. Total loss of vision is present and there is no return. In the very early stages in which is referred to as the "wet stage," treatment can be given and will reserve the destructive pathology to the optic nerve and retina. This must be in the mind of the physician and he must understand the chemical ongoing process. The writer has seen many cases where the patient was allowed to go to the degrees of blindness, as this diagnosis of optic neuritis was rendered, as the term idiopathic neuritis of optic nerve was given ...."*

Dr. James Bowen, M.D., surgeon and biochemist, explains how aspartame gradually accumulates in the body so as to kill us:

*"Only after longer aspartame usage does liver damage cause blood methanol levels to measurably rise because the liver mitochondria are so damaged that the liver no longer quickly processes either methyl or ethyl (drink) alcohol. Then the acute methanol poisoning is directly measurable from lab results, as the blood methanol level elevates. This entire sequence or "toxic axis" begins with your very first dose of aspartame. Both acute and chronic poisonings from this methanol toxic axis, and other additive and synergistic aspartame poisonings, steadily accumulate in the aspartame consumer."*

## The Front Groups

Aspartame is big business and its profiteers form front groups with nice-sounding names such as the Calorie Control Council (CCC), which has been defending the poison for years with absolute allegiance to its sponsors. In its own words: "The Calorie Control Council, established in 1966, is an international, non-profit association representing the low-calorie and reduced-fat food and beverage industry. Today, it represents 60 manufacturers and suppliers of low-calorie, low-fat and light foods and beverages, including the manufacturers and suppliers of more than a dozen different dietary sweeteners, fat replacers and other low-calorie ingredients." In my words: They never met a poison they didn't like.

Neurosurgeon Dr. Russell Blaylock exposed the CCC in a letter to *The Miami Herald* (April 24, 2004), "The Calorie Control Council, a front group for the NutraSweet Company, recently suggested that aspartame was safe for women to use during pregnancy, as well as by those with serious liver disease and phenylketonurics. **This is the most serious breach of public trust in the history of this nation.** There is not one long-term study of aspartame safety ever conducted on the offspring of pregnant women consuming aspartame. Yet, there are numerous studies indicating aspartame could pose a serious danger to both mother and infant." (emphasis added)

Still, the CDC / National Institute for Occupational Safety and Health (NIOSH) paper on Methyl Alcohol (Methanol) argues "methanol occurs naturally in humans, animals and plants ... Foods such as fresh fruits and vegetables, fruit juices, fermented beverages and diet soft drinks." What CDC/NIOSH ignores is that fruits and vegetables contain the antidote – ethanol – which takes methanol out of your body safely. Aspartame manufacturers and their front groups cite tiny amounts of methanol in fruits to prove it is harmless, but never tell us that ethanol neutralizes it.

As the National Health Federation has noticed at Codex Alimentarius committee meetings, the aspartame front groups are ever active in protecting Codex aspartame standards despite the high cost to the public health.

## We Are the Guinea Pigs

Dr. James Bowen wrote the FDA that aspartame is mass poisoning of the World. (See <http://dorway.com/doctors-speak-out/dr-bowen/dr-bowen-aspartame-induced-genocide/>), citing in part Dr. H. J. Roberts, who called aspartame a global plague and authored the 1038-page medical text, "Aspartame Disease: An Ignored Epidemic."

Dr. Monte explains in his book, *While Science Sleeps*: "The entire US population has been a study group, with no knowledge or forewarning of its participation in a ghastly experiment. Using this data may be the very best way that its cancer causing potential can be determined. Toxicologists could only dream of such a large blind research popu-

lation, which normally would make the job of the epidemiologist quite simple. Unfortunately many toxicologists owe their allegiances to various industrial and pharmaceutical groups who insist they waste their skills proving how safe new chemicals are rather than showing the havoc they might cause." Welcome to the International Society of Guinea Pigs and Lab Rats!

Dr. Monte also lamented that, "The innocents who have suffered and died to unknowingly test the safety of aspartame and, thus, methanol, must not be allowed to have given their lives in vain." Since Aspartame was released in 1981, Alzheimer deaths have increased 10,000%, Autism 2500%, and Lupus 300%, while autoimmune diseases have reached epidemic proportions. Multiple Sclerosis, Type II Diabetes, and Rheumatoid Arthritis are all out of control too.

## The Bottom Line

According to Prop 65, the safe daily dose of methanol would amount to a single diet soda. Yet, since aspartame is cumulative, even a daily soda presents a risk of cancer. FDA's own hidden records admit aspartame causes birth defects and cancer. Three studies by Dr. Soffritti at the Ramazzini Institute show cancer risk for liver, lung, and kidney, and declare aspartame a multi-potential carcinogen.

A Harvard study, the longest and strongest according to the authors, links aspartame to cancer. Dr. Adrian Gross, FDA toxicologist, said aspartame causes cancer. So did twelve other toxicologists who asked the FDA to withdraw aspartame approval because of its links to cancer. Nevertheless, petitions for an aspartame ban have gone unanswered.

Perhaps Dr. Ralph Walton, former Chairman of the Center for Behavioral Medicine at the Northeastern Ohio Universities College of Medicine, said it best, "The FDA's stubborn adherence to their original, and controversial, approval of aspartame is unconscionable. **The public must be informed that the approvals, both in this country and Europe, are based on highly questionable industry-funded research.**" (emphasis added) 🔥