

From: Bethany <aminalnut@yahoo.com>
To: <coshita@oehha.ca.gov>
Date: 3/9/2009 3:29 PM
Subject: Fluoride

To Cynthia Oshita,

I am writing in concern for the fluoridation of our water supply in Los Angeles and its effects on my and my families health. I came from Oregon in 1995 to live in Los Angeles and have lived here since that time. In Oregon none of our water supply was fluoridated and my health was of no concern. In 1995 I came to LA at about the same time that the public water had supplementation of its water with the non-natural toxic waste fluoroide from aluminum manufacturing and the phosphate fertilizer industry. In 1997 I was diagnosed with hypothyroidism and have needed to be on medication every since. Now I am having problems with my kidneys and all of these symptoms can be caused by fluoride exposure as has been discovered in many recent studies as well as some not so recent.

If nothing else, the mandatory fluoridation of our water supply is likened to mass medication of a population without being able to monitor how much each individual gets. I no longer have fluoridated toothpaste or water to drink but I do take showers and unfortunately cannot get away from the fluoride that is absorbed through my skin. I find it very frustrating that we are spending tax dollars to put a chemical in our water supply that is not and has never been proven safe for human consumption.

I would appreciate your sincere attempts to research more on fluoride it's history and it's effects.

<http://www.fluoridealert.org/>

Respectfully,

Bethany Cole
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